



MARTOCK & DISTRICT U3A NEWSLETTER NO 48, JULY 2022

A very warm welcome to all our lovely members to this July Newsletter.

Monthly Meetings

There is no monthly meeting in August, so our next meeting is **Wednesday 14th September** with a talk on Tenerife by Ian Winkle.

The meetings are at Martock Parish Hall and the aim is for speakers to start shortly after 2.30pm and you are welcome to come from 2.15pm.

Future talks are:

12th October - Service Dogs UK with Nigel Rousell

9th November - What can we do about climate change?

You are also welcome to attend the meetings of other local u3a groups with whom we are linked. Please remember to take your u3a membership card with you so that you can confirm that you are a u3a member.

Crewkerne - Monday 1 August 3pm George Reynolds Centre

Alan Jenkins a retired intelligence Inspector for Dorset Special Branch. His talk will include Counter Terrorism work.

Chard & Ilminster - Monday 15 August 2pm The Guildhall

Film produced by the Crewkerne Anoraks

Somerton - Friday 26 August 2022 10.30 Edgar Hall

Senior Safety with Ashley Jones Regional Fraud Protect Advisor, Avon & Somerset Police

If you know of anyone who could give an interesting talk at one of our monthly meetings, please contact one of the members of the Committee (details at the end of this Newsletter).

Spread the word

We hope that you enjoy being a member of Martock & District u3a - and if you do, please spread the word as new members are always welcome. u3a is now not only for those who are no longer in full time employment, but open to anyone who has time so do let younger people know they are very welcome.

We will be holding an Open afternoon on Wednesday 21st September, 2.30pm at Martock Parish Hall with information about our u3a and the interest groups and with free refreshments. So do make a note of the date and come along to see if you want to join

any of the interest groups. Please let friends know so they can come and find out more and make the most of the opportunities our u3a offers.

Many people still do not realise that our u3a group exists and another way of letting people know is through posters to publicise our Monthly Meetings. So could you help by putting up posters? Posters are needed in Ash, Stoke and Norton Sub Hamdon, Long Load, Over Stratton and other villages. Please contact a Committee member if you can help.

Committee News

Jenny Becker, Vice Chair and Don Reed, Web Manager and Publicity, have left the Committee. Our thanks go both for their work in support of our u3a, we will miss them.

This means that we need a Vice Chair, Web Manager and Publicity Secretary as we need a full Committee. Please do consider volunteering, and contact Diana, Chair if you are interested or would like more information.

In October all committee members have to be re-elected and all members of our u3a are invited to stand for any of the Committee posts they are interested in. The list of Committee posts is at the end of the Newsletter. I hope that you will stand as a member of the Committee so that we can fill all the posts and you can help keep our u3a strong and growing.

u3a Newsletter

The u3a Trust issues a monthly Newsletter with stories from other u3a groups round the country. If you like to read the latest copy, the link is below.

<https://mailchi.mp/u3a/your-u3a-national-newsletter-july-2022?e=23e5d39d84>

If you would like to receive direct email copies of the Newsletter, click the link below:

[sign up directly to the newsletter](#)

u3a Online Events

The u3a Trust has an events page where you can join in and listen to talks or learn in interactive sessions. The many [online talks & workshops](#) which are open for all members including logic challenges and maths quizzes, extreme knitting and crochet and sharing book group reviews.

The u3a Trust is inviting members to share their ideas, stories, photos and recipes on the u3a website. To see ideas from other u3a members and add yours the link is: [our learning pages](#).

Photography Competition

Yeovil u3a are holding a photography competition for all u3a groups in the area to coincide with the 40th anniversary celebrations of u3a. The subject is sport and the

deadline is 10.30am on Friday 23rd September 2022. You can enter as an individual and be eligible for the best photo or more than one can form a Martock team and incur just one entry fee and then be eligible for the trophy and the best photo.

A Reminder

If anyone else would like to join the Science Group on their trip to Kimmeridge on 7th September, please contact Greg Atkins (martocku3atreasurer@gmail.com). This will include a visit to the Fossil Museum, lunch at Clavell's Restaurant and a visit to Kimmeridge Bay. The costs will be £9 entrance fee, plus lunch and whatever you agree with your driver for parking and petrol.

You May Like.....

To have information about other local events or online talks that you might enjoy:

There will be a 'Come for Coffee' session on Friday 29th July in Martock Parish Hall from 10.00 - 12.00 hours. Cafetière coffee and pots of tea £1 pp, and home-made cakes 50p - £1 will be served, and there will also be a raffle. Profits support local and international charities. All are warmly invited, please bring friends and neighbours and well-behaved dogs on leads are happily admitted.

Gardens Group Summer Party

Our u3a is a member of the Castle Gardens Group Gold Club and they have sent details of their Summer Party on Thursday 28th July at the Walled Garden, Castle Gardens with Illyria, the open air theatre touring company's adaptation of The Pirates of Penzance. Contact the Gardens Group for more information.

Somerton u3a are organising a coach tour of the Historic Houses and Heritage of Suffolk. The five day tour in October will include all excursion travel, guided tours and half board accommodation. For more information contact Jane Redgrove on 01458 899962 or redgrove@btinternet.com

Keep fit classes at Norton Sub Hamdon village hall - Thursday 10am - 11am (term time) Nicky Barker has been running Keep Fit classes locally for many years for the 'over 50s'! It is a fun class, gentle, no major aerobic exercises. Currently £5 per week. Classes will be starting again on Thursday, 8th September. Anyone interested, please contact Diana, Chair.

Finally....

Do you have any ideas for the Newsletter, know of any speakers that you think would be of interest to members, or ideas for our u3a? If you do, please get in touch with one of the Committee.

Members Birthday

July sees birthdays of the following Martock u3a members:

- Martin Bradbrooke
- Bob Warren
- Pamela Tuttle
- Julia Williams
- Malcolm Uhlhorn
- Denise Peacock
- Paul Reilly
- Pat Trunkfield
- Derek Baker
- Christine Robinson
- Penny Whitehouse

Our very best wishes to them all!

A quick reminder that if you would like a birthday mention in our Newsletter, please let us know your month of birth (to any of the Committee members mentioned below).

Contact Details:

Telephone 01460 240788 email martocku3amembership@gmail.com, through Facebook Martock & District U3A.

Committee

Position	Name	Email
Chair	Diana Davies	martocku3achair@gmail.com
Vice Chair		
Secretary	Sue Roberts	martocku3asecretary@gmail.com
Treasurer	Greg Atkins	martocku3atreasurer@gmail.com
Membership Secretary	Susie Stakes	martocku3amembership@gmail.com
Groups Secretary	Mary Marshall	martocku3agroupssec1@gmail.com
Events	Mal Nelson-Hedge	martocku3aevents1@gmail.com
Publicity Secretary		
Web Manager		
Committee Member	Barbara Gomm	
President	Sue MacLean	

